

### Skin Type Questionnaire

What type of skin do you have?

<u>Normal to Oily</u>	<u>Normal to Dry</u>	<u>Skin Tone</u>
<input type="checkbox"/> T-zone oily	<input type="checkbox"/> Skin feels tight	<input type="checkbox"/> Fair
<input type="checkbox"/> Large pores	<input type="checkbox"/> Very small pores	<input type="checkbox"/> Medium
<input type="checkbox"/> Face often Shiny	<input type="checkbox"/> Face often flaky	<input type="checkbox"/> Dark
<input type="checkbox"/> Makeup slides off	<input type="checkbox"/> Makeup soaks in	
<input type="checkbox"/> Breakouts	<input type="checkbox"/> Fine dry lines	

My concerns are:

☐ Sensitive skin    ☐ Loss of elasticity    ☐ Fine Lines    ☐ Signs of dryness  
☐ Uneven skin tone    ☐ Occasional blemishes    ☐ Stressed or damaged skin  
☐ Effectively and gently removing makeup

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GET ANSWERS TO YOUR HEALTH QUESTIONS

☐ Vitamins & Supplements      ☐ Weight Loss program  
☐ Women's Health      ☐ Sports Nutrition  
☐ Men's Health      ☐ Anti-Aging Skin Care  
☐ Children's Health      ☐ Non-Toxic Cleaning Products

☐ I am interested in earning an extra \$1,000.00 a month  
☐ I would like to Host an *In Home Presentation*

PLEASE PRINT INFORMATION

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_

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## PASS THE GIFT GAME

Start by handing an inexpensive gift or Shaklee item to the hostess or person in middle of group.

1. Take the gift and without a sigh look around and give it to a person with brown eyes.

2. Yes, you are the lucky one for a moment, but let us all share in the fun. Look around with eyes discreet and give it to the one with the smallest feet.

3. Your feet are tiny and very small, now hand it to someone very tall.

4. Take your time and don't be harried. Give it to the one who is longest married.

5. You must be proud of your life, now pass this to the newest wife.

6. Of this parcel you are bereft, give it to the one on the left.

7. The largest earrings I'm looking for now. If you are wearing them, step up and bow.

8. Now to the person with buttons...big or small, any kind, and the most you can find, gets the gift this time.

9. Now don't get cross and please don't fight, but pass it to the person 3<sup>rd</sup> on your right.

10. We should stop now, don't you agree? This gift is yours to keep with glee

## The Life of a Boot.

The life of a boot is, actually, there is no life of a boot, boring, dull, dreary, sad, miserable and very depressing. Boots are used mainly during the winter. When they are used, they are treated very, very much like dirt. People don't realize it but they are actually hurting the boot. I would hate to be a boot because they kick around snow, walk in slush and get very messy. They naturally have no feelings because they are not alive. I can tell they are not alive because they don't eat, breathe, grow and reproduce. I think this report is stupid because it is a ridiculous topic but I will do it anyway. I am so stupid because I name my boots. I have many boots so I name all of them. My blue boots are called bluey and my green boots are called greeny. I know you are glad to know the names of my boots. I know naming my boots is pretty childish but at least I have an imagination. Most boots have a friend to talk, communicate with and share its feelings.

Figure 13.1. Linda's penmanship deteriorates from exposure to the pungent odor of chlorine bleach.



Handwriting sample of child exposed to Pinesol (on floor) and Lysol (Disinfectant)

1 4 5 3 4 5 0 1 5  
10 11 18 19 20 3 14 15

Handwriting after stopping use of cleaners

1 2 3 4 5 6 7 8 9 10  
11 12 13 14 15 16 17 18 19

Handwriting after re-introducing cleaners

10 11 1 2 3 4 5 6 7 8 16

Ref Val Day

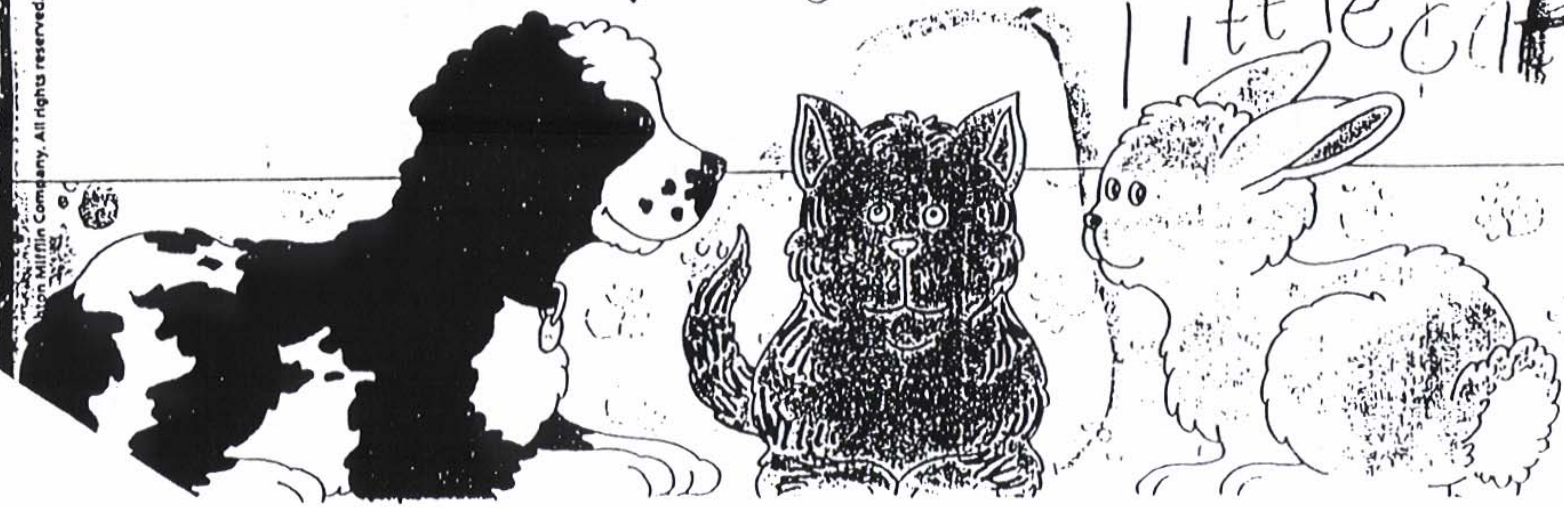
$$A \otimes M \in \gamma$$

oh

So  
Mang What  
o a t s!

Next

old dear  
little cat



The teacher  
says:  
I am like  
the letter in the  
word "cat."  
What do you  
think I mean?  
Amina thinks  
she knows.  
She points to  
the word  
"cat" in the  
book on the table  
and explains  
one whose  
name begins  
with the sound  
for "c" when they  
trace the letters  
and read the  
sentence with  
the teacher.

Pictures: dog,  
cat, rabbit



Asbicy

Seen

Overbrandynder

PRINTING DONE ONE WEEK LATER

over and under;

In front of beside;

Inside and outside

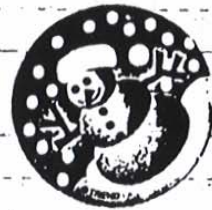
Are places to hide.

on and behind

And among and between

... places to be where I can't b.

This is  
much, much  
better!



This is the writing of a 10 year old girl with ADD from Lansing Michigan; then the writing of this same girl one week after starting on a Shaklee supplement program (Protein, Vita Lea, B Complex).

Let Words.

father  
father

father

father

mother

mother

give

give

great

great

great

father

father

father

father

father

father

father

give

give

give

Sample of work of a 10-year old boy with dyslexia before Shaklee Food Supplements,

Sample of work 2 days later using Shaklee Basics at breakfast  
PLUS 1, B-Complex at beginning of tutoring session.

~~Sentence~~

~~##~~ The pan is hot. | would  
We can use. | pretty  
~~I~~ Sit in the tub.  
I lost the belt.

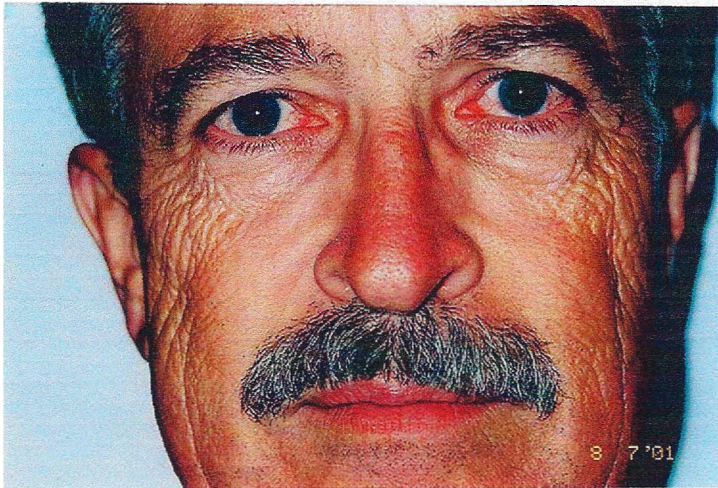
red words. | father  
of | father  
put | many  
one | # from  
said | have  
~~the~~ Mrs. | some  
was | go on  
give | what  
to too two should | you  
people



# Enfuselle

***This product Can Go Beyond a Few “fine lines and wrinkles”!***  
**Just take a look at the dramatic change in Bernie Jones from Minneapolis.... in only 10 weeks!!**

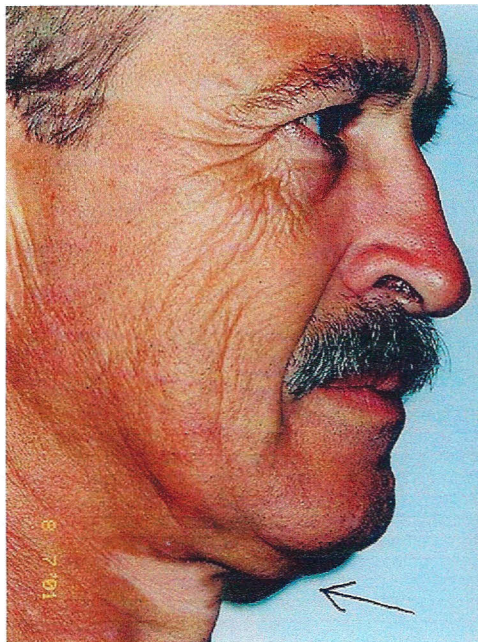
Before



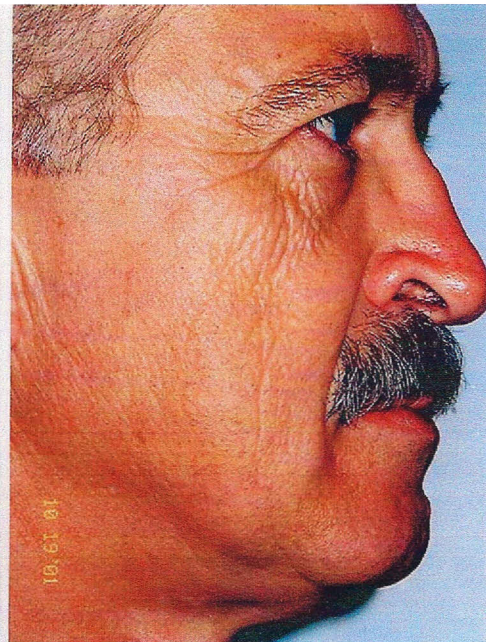
After



Before



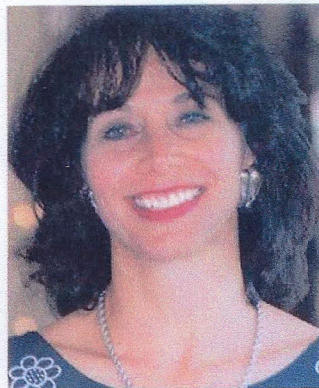
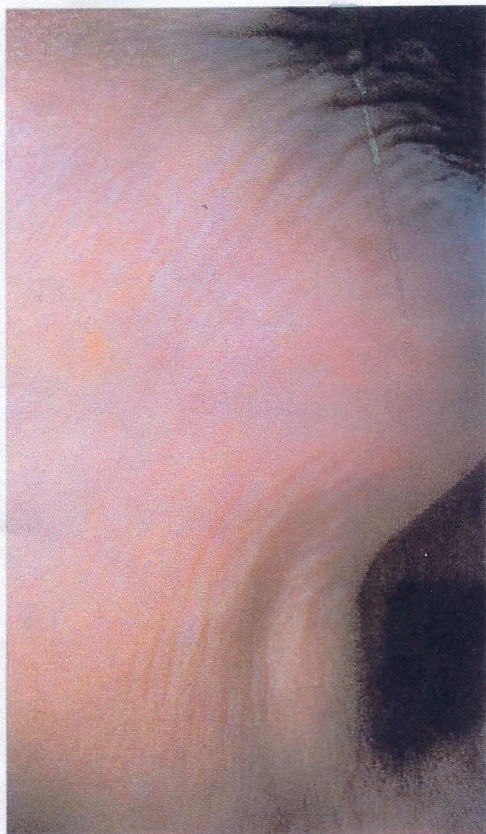
After



These results were from using the Enfuselle System (not Enfutox)



**ENFUSELLE™**  
**ANTI-AGING**  
**SKIN CARE SYSTEM**  
**LOOK AT THESE RESULTS**  
**AFTER JUST EIGHT WEEKS**



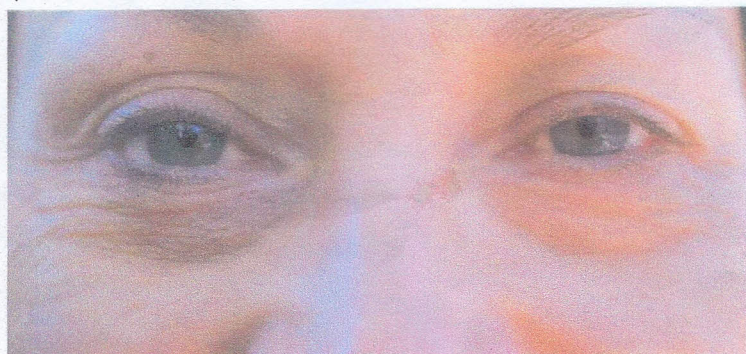
This side NOT treated with  
 Enfuselle. Deep wrinkles  
 Around eyes and mouth.



← This side treated for 8 weeks. →

↓ Eye on left NOT treated. Right side treated

↑ Smoother appearance and reduction of wrinkles and smile lines.

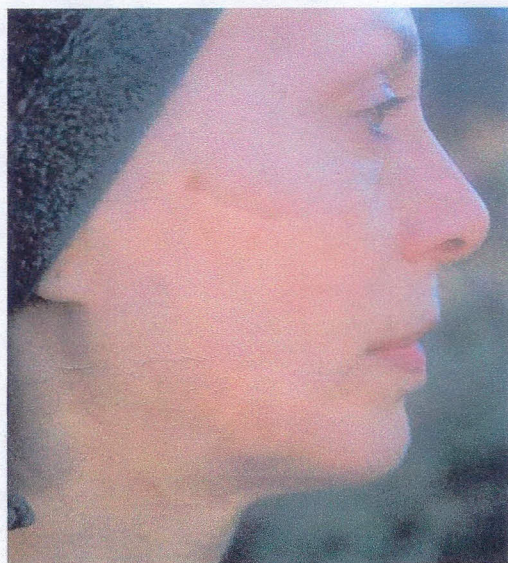


**LOOK 5, 10, EVEN 15 YEARS YOUNGER!**

**CLINICAL RESULTS FROM  
 ENFUSELLE SYSTEM IN 4 WEEKS:**

**421% reduction in the appearance  
 of fine lines and wrinkles**

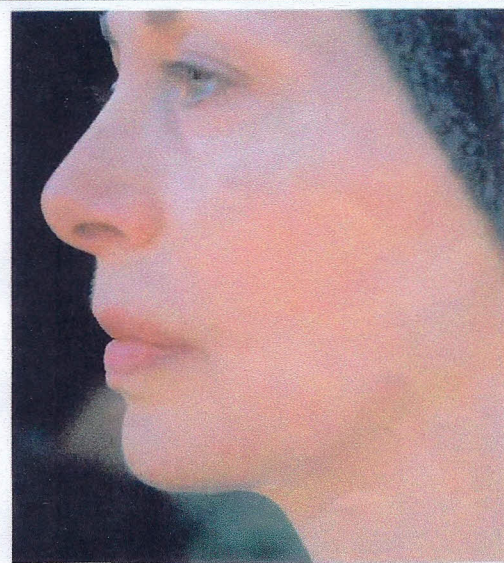
**665% increase in skin resilience  
 and firmness**



This side NOT treated.  
 Shows sagging jaw line,  
 Lack of skin tone and an  
 Overall older appearance

← This side treated for 8  
 weeks.

Jaw line appears higher and  
 Firmer. Area around mouth  
 Has better tone and more  
 Youthful appearance.



→  
 (All photos were taken in natural  
 daylight with Kodak 100 film)

Thanks to Christine Rutchick! (shared by Jennifer Wilson)



## AntiAging Skin Care Products

Compare and decide which skin care product gets real “results”  
and  
at a great price!



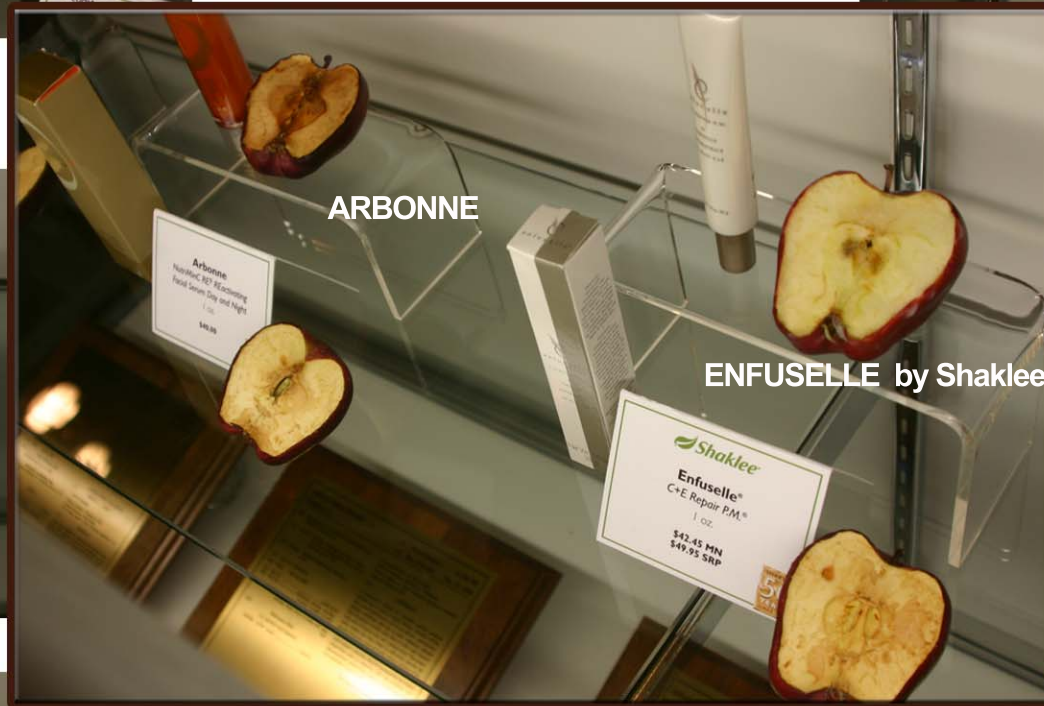
**Cellex C**  
\$90.00 (1 OZ)



**Elizabeth Arden**  
\$150.00 (1.7 OZ)



**Enfuselle by Shaklee**  
\$42.45 mn/\$49.95 srp (1 OZ)



**ARBONNE**

**ENFUSELLE by Shaklee**



**Arbonne**  
\$40.00 (1 OZ)



**SkinCeuticals**  
\$122.00 (1 OZ)

The bottom apple is the “control” or the apple that has had nothing done to it. The top apple has an application of the skin care product. These are the results after approximately 3 days.

In most of these examples you might prefer the “control” ! Shaklee’s Enfuselle being the exception!



**Dr. Brandt**  
\$99.00 (1 OZ)



## Feeding Your Skin

**Protein:** Skin, hair & nails are 95-97% protein

- Firms and tightens skin
- Reduces hormonal disturbances

Shaklee's RAW Vegetable Soy Protein means less hormonal disturbances, less acid and longer cell life

### **Vita Lea (Multiple Vitamin/Mineral)**

- Provides essential vitamins & minerals PLUS plant-based phytonutrients ... Potency is 100% guaranteed ... Proven bioavailability & stability

Quote from June 2002 - Journal of the American Medical Association ... "EVERYONE, regardless of age or health status needs a daily multi-vitamin".

### **B Complex**

- Reduces stress reactions in the skin like canker sores and shingles
- Helps reduce cracks at corners of the mouth
- Helps balance skin that is too oily or too dry
- Helps regulate the thyroid for luminous skin

**Vitamin C:** For collagen construction

- Deficiency of C = wrinkles and sagging
- Essential for normal thyroid which causes porcelain-like skin

**Vitamin E:** delays aging process

- Improves skin circulation & reduces itchiness
- Improves muscle tone & elasticity
- Assists body in utilizing oils
- Leathery skin may be improved with Vitamin E

### **Lecithin & Flaxseed Oil**

- Helps provide essential fatty acids ... skin needs these oils to stay soft and supple
- Very helpful with psoriasis & eczema

### **Carotenoid Complex**

- Each capsule is equivalent to eating seven servings of fruits and vegetables
- Includes Beta Carotene, a precursor for Vitamin A, which is essential for healthy skin
- Protective against all cancers, including skin cancers

**Zinc:** Aids in healing ... Helps reduce acne

- Regulates oil production in skin
- Manufacture of collagen slows down without zinc

## Beauty – Inside & Out

The following problem areas may be related to deficiency in the nutrients indicated ...



### **Skin:**

- Blackheads – Beta Carotene
- Acne – Alfalfa, Zinc, Drink more water, Fiber //// Detoxify: Optiflora, Herb-Lax
- Warts – Garlic, Optiflora
- Dry – Lecithin, Flaxseed, Zinc
- Bruise Easily – Vitamin C & E
- Wrinkles – Protein, Vitamin C, Flaxseed
- Smoker – Beta Carotene, Vitamin C & E

### **Hair:**

- Thinning – Zinc, B Complex, Vitamin C //// Shaklee ProSanté Hair Care Products
- Dandruff – Zinc, Flaxseed Oil
- Slow Growth – Protein
- Brittle / Break Easily – Protein
- Split Ends – Protein, Lecithin & Vitamin E
- Dry – Flaxseed, Lecithin & Vitamin E
- Dull / No Shine – Flaxseed, Vitamin E

### **Nails:**

- Torn/Inflamed Cuticles – Vitamin C
- Ridges – Alfalfa, EZ-Gest (Digestive Enzymes), Protein, Vitamin C
- Slow Growth – Calcium & Vitamin C
- White Spots – Zinc
- Hangnails – Vitamin C
- Brittle/Split – Protein, Iron, Beta Carotene, Alfalfa, Calcium, Vitamin C

## Nutrition Mission for the Skin



The skin is an  
**OUTER REFLECTION**  
of your **INNER** health!



For SHAKLEE Products  
Curt & Marian Weimer  
219-531-1415 or 800-338-8361  
703 North Calumet Ave.  
Valparaiso, IN 46383-7921





## How to have Healthy Skin

- Drink ½ oz **purified water** for every pound of body weight DAILY
- Make **wholesome food choices** (high fibre, low animal fat) including plenty of fruits, vegetables, and whole grains. Make sure a good percentage of your food intake is RAW.
- Provide **adequate daily protein** (include a serving of RAW Shaklee Soy Protein daily)
- **Supplement** your diet with balanced, clinically-tested food supplements to achieve optimal nutrition:
  - Start with Shaklee Vita Lea OR
  - Daily "Basics" blister strip from Shaklee
- **Avoid toxins** as much as possible in your food, water & cleaners as well as products used on your body (shampoo, lotions, toothpaste, etc.) Choose Shaklee Personal Care Products and Toxin-Free Cleaners
- **Detoxify daily** to assist the body to rid itself of toxins. Optiflora & herbal detoxifiers are recommended (see "detoxifiers")
- Get adequate **exercise & rest**

### Use **ENFUSELLE, Shaklee's Anti-Aging Skin Care System**

In 28 days with just 3 minutes morning and night, see healthier skin...plus look 10 years in REVERSE...guaranteed

## Many health imbalances announce themselves on the SKIN

- Easy bruising can mean a low level of Vitamin C
- Puffiness under the eyes can indicate a kidney disorder or allergies
- Brown "liver spots" mean accumulated toxins and possible adrenal weaknesses
- "saggy skin" can mean lack of water, protein and Vitamin C
- Eczema can mean allergies or lack of essential fatty acids
- Psoriasis can mean accumulated poisons or poor kidney function
- Acne can mean lack of water or zinc, accumulated toxins, sluggish bowels, etc.
- Dark circles under the eyes can mean low levels of intestinal microflora, anemia, lack of Vitamin C and/or allergies
- Dry, rough skin or goosebumps on the back of arms can mean lack of Vitamin A
- Canker sores often indicate a lack of B Complex and/or a viral infection
- "NEW" moles can mean chemical irritation
- Itching & irritation can be caused from laundry detergents, fabric softeners, etc, or a deficiency in B Complex & Vitamin C
- A blotchy tan can be from a lack of B Complex and Beta Carotene
- Crack at the corner of the mouth are usually from lack of B Complex

## Your Skin's Enemies

- Sun – UVA & UVB radiation
- Cigarette Smoke
- Caffeine & Alcohol
- Drugs
- Toxins & Pollutants
- Chlorine in tap water
- UVA radiation from halogen & fluorescent lights & computers



## Detoxification is Essential for Healthy Skin

### Herb-Lax

- The skin is an avenue of elimination of toxins.
- Herb-Lax insures proper elimination so the skin has less of a workload.

### Optiflora

- 500 million good bacteria (acidophilus & bifidus) with 100% guaranteed delivery to the intestines
- The fragile balance of good health and healthy skin is determined by whether the numbers of "good" bacteria outnumber the "bad" bacteria in the intestinal tract

### Alfalfa

- Very helpful with acne
- Alfalfa is both a detoxifier and a wonderful food source full of minerals. The minerals and chlorophyll content feed the skin and purify the blood.

### Liver DTX

- A sluggish liver is the reason for age spots, commonly called "liver spots"
- DTX (milk thistle formula) helps rejuvenate liver function which keeps the skin young & healthy looking





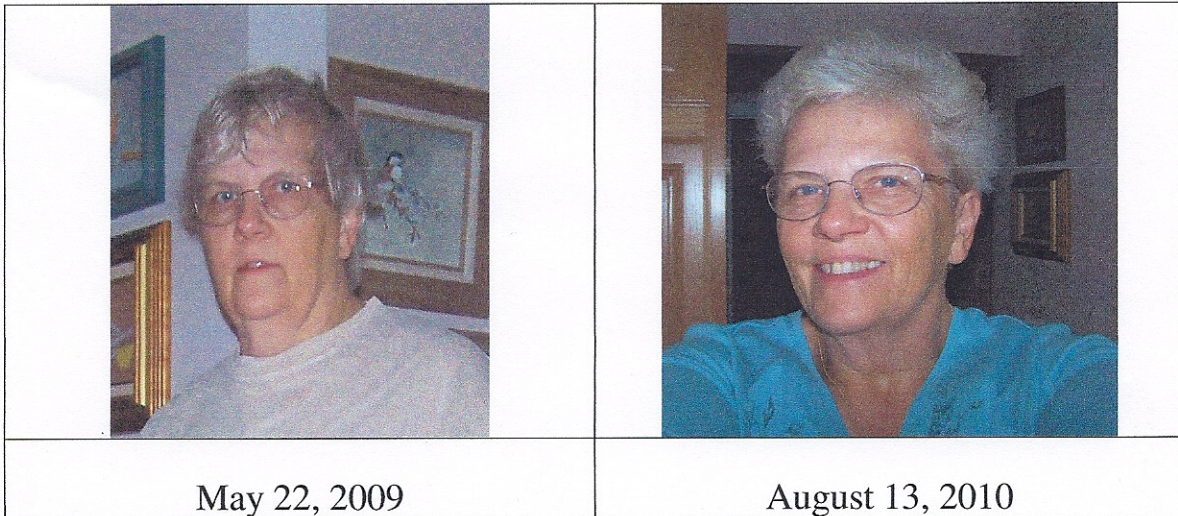
## **If hands could talk!**

The hand on the left is untreated, the hand on the right was treated with Shaklee's Enfuselle Anti-Aging Skin Care with just one application.



## **What a difference Cinch, RX for a Healthier Life and Enfuselle have made.**

### **Karen Palino before and after**



It has been 17 months since I started the Cinch Inch Loss program. I started the Enfuselle Skin Care (nutrition for my skin) and Vivix (cellular anti-aging tonic) in August 2009. I knew that there had been a dramatic difference in my body with 35 pounds and 47 inches lost but these two pictures tell a story I was not prepared for. Never in my life have I experienced the health improvement throughout my whole body. I heard that the nutritional benefits that Shaklee provides are on the cellular level and now I truly know what that means

My weight loss journey is not over yet, (I still have 30 more pounds to lose) and I can only imagine what incredible results lay ahead.

The Shaklee difference has transformed my life and I thank God for the science behind every product, the integrity of the company and for my dear friends who introduced me to it. I am now blessed to have a Shaklee business where I can share with others how they can benefit from this incredible company and get paid for doing it.



# THE BASIC NUTRITION ESSENTIALS

6/11rev

## For Optimal Health Results

### Box and a Can

\_\_\_ Vitalizer (with Iron, without Iron, Gold)  
\_\_\_ Soy Protein  
30 day serving

MP \$120.85  
\$3.89/day



## For Favorable Health Results

### The Next Best Thing

\_\_\_ Energizing Soy Protein  
\_\_\_ Vitalea 120 ct.  
\_\_\_ Optiflora  
30 day serving

MP \$78.05  
\$2.22/day



## ENFUSELLE SKIN CARE COLLECTIONS

### ANTI-AGING

#### NUTRITION THERAPY

\_\_\_ Cleanser  
\_\_\_ Toner  
\_\_\_ AM Repair  
\_\_\_ PM Repair  
\_\_\_ Refining Polisher  
\_\_\_ Moisturizer  
\_\_\_ Eye Treatment  
\_\_\_ Lip Treatment

FREE Pumps PLUS  
FREE Mineral Masque OR  
25% off Firming Serum  
**\$187.45 (MP)**  
**\$220.45 (SRP)**

### Advanced Skin Care

\_\_\_ Cleanser  
\_\_\_ Toner  
\_\_\_ Mineral Masque  
\_\_\_ Calming  
\_\_\_ Complex  
\_\_\_ Moisturizer

PLUS  
FREE Refining Polisher  
& Pumps  
**\$115.30 (MP)**  
**\$135.60 (SRP)**

### Skin Care Plus

\_\_\_ Cleanser  
\_\_\_ Toner  
\_\_\_ Moisturizer  
\_\_\_ Mineral Masque

PLUS  
FREE Pumps  
**\$67.65 (MP)**  
**\$79.55 (SRP)**

### Starter Skin Care

\_\_\_ Cleanser  
\_\_\_ Toner  
\_\_\_ Moisturizer

PLUS  
FREE Pumps  
**\$51.45 (MP)**  
**\$60.50 (SRP)**



### Silky Hands / Feet Treatment

\_\_\_ Hydrating Moisturizer    \_\_\_ Refining Polisher  
\_\_\_ Moisturizing Shower Gel    \_\_\_ Hand & Body Lotion

PLUS  
FREE Herbal Blend Multi-Purpose Cream  
**\$70.55 (MP) \$83.00 (SRP)**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address 1 \_\_\_\_\_

Address 2 \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

E-mail \_\_\_\_\_

Member App or SRP?.....

Product total.....

Shipping / Handling.....

Subtotal.....

Sales Tax.....

TOTAL.....

PAID: ☐ Check # \_\_\_\_\_ ☐ Cash ☐ Visa/MC

CC# \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Exp \_\_\_\_\_ / \_\_\_\_\_

### Shaklee 180 Lean & Healthy Kit For a Leaner, Healthier You

Replaces 1 meal a day with a delicious smoothie plus 80 nutrients in a convenient Vita-Strip (30 day supply)



**\$149.95 Member Price**  
**Includes Free Shaklee Membership**  
**100 Point Value (PV)**

**Refer 3 and Yours is Free!!**

### Shaklee 180 Turnaround Kit ~ Lose fat/ keep muscle

Yummy Smoothies and Bars that replace 59 meals and 10 snacks plus 28 svgs. of Energizing Tea and 30 day supply of Metabolic Boost to help burn calories naturally

**\$269.95 Member Price includes Free Shaklee Membership**  
**200 Point Value (PV) Refer 3 and Yours is Free!!**



### Enfuselle Skin Care Specials

#### Basic Skin Care

\_\_\_\_\_ Cleanser  
\_\_\_\_\_ Toner  
\_\_\_\_\_ Moisturizer  
\_\_\_\_\_ Mineral Masque

**FREE Pumps!**

**\$79.55 (SRP)**  
**\$67.65 (MP)**

#### Advanced Skin Care

\_\_\_\_\_ Cleanser  
\_\_\_\_\_ Toner  
\_\_\_\_\_ Moisturizer  
\_\_\_\_\_ Mineral Masque  
\_\_\_\_\_ Time Repair A.M.  
**or**  
\_\_\_\_\_ C+E Repair P.M.  
\_\_\_\_\_ Eye Treatment

**FREE Eye Makeup Remover**  
**& FREE Pumps!**

**\$160.30 (SRP)**  
**\$136.30 (MP)**

#### Deluxe Anti-Aging Skin Care

\_\_\_\_\_ Cleanser  
\_\_\_\_\_ Toner  
\_\_\_\_\_ Moisturizer  
\_\_\_\_\_ Mineral Masque  
\_\_\_\_\_ Time Repair A.M.  
\_\_\_\_\_ C+E Repair P.M.  
\_\_\_\_\_ Eye Treatment  
\_\_\_\_\_ Polisher

**FREE Hand& Body Lotion or**  
**FREE Moisturizing Shower Gel &**  
**FREE Pumps!**

**\$235.40 (SRP)**  
**\$200.15 (MP)**

Name \_\_\_\_\_ Address \_\_\_\_\_  
Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_  
Best time and way to reach me \_\_\_\_\_

\_\_\_\_\_ OK I'm ready to get started with \_\_\_\_\_  
\_\_\_\_\_ OK I'm interested in \_\_\_\_\_ but want to think about it...  
\_\_\_\_\_ I know of some people who would be interested in experiencing the skincare products.  
\_\_\_\_\_ I'm interested in having a party and getting FREE products...let's set a date!!  
\_\_\_\_\_ I would like to know more about losing weight and inches...sign me up!!  
\_\_\_\_\_ I would like to know more about improving my health, having more energy, feeling younger.  
\_\_\_\_\_ I would like to know more about having a toxin-free home, going green.  
\_\_\_\_\_ I would like to know more about getting earning a bonus check every month.  
\_\_\_\_\_ I would like to know more about what you do and earning \$700 to \$5000 or more a month, trips, cars, along with time freedom, and making a difference and/or \_\_\_\_\_



## ***SKIN CARE DEMO***

Products you will need for skin cares:

Hydrating Cleanser  
Hydrating Toner  
Infusing Mineral Masque  
Instant Firming Serum  
Balancing Moisturizer  
Lip Treatment

Special Care Products  
AM Treatment  
PM Repair  
Refining Polisher

Order Sheets with Collections on them

Mirrors  
Cosmetic Pads  
Vegetable Sponges 8-12

## ***ORDER OF SKIN CARE DEMONSTRATION***

Fill out *back* of Door Prize Card

Cleanse with Hydrating Cleanser

Tone with Hydrating Toner (Tone every time water touches your face to neutralize the iron found in tap water.)

Apply Infusing Mineral Masque *avoiding* area around the eyes. There is very little elasticity in the skin under the eye. Apply the masque to the RIGHT SIDE of the face only!!

Let dry for 10 minutes

While the masque is drying, show the Hand Writing Skills (Life of a Boot, Sam's Lysol/Pinesol writing skills, and Dyslexia writing skills.)

When masque is completely dry, wet the sponge and pat the masque to dampen it again. Then remove the masque with the sponge.

After the masque is removed, TONE with the toner again.

Next apply Instant Firming Serum to the right side of the face where the masque was applied. Let Dry.

While the serum is drying, show the before and after pictures, along with the apple picture, and discuss *Nutrition Mission* for your skin.

NEXT VERY IMPORTANT STEP...when the serum is dry, have them pick up the magnified side of the mirror and look from side to side to see if there's a difference. Let THEM tell YOU...LISTEN to what they say!

Next, do a mini-facial on the back of their hand. Apply the Polisher to the back of the hand and wash off. Draw an imaginary line down the back of their hand. Apply AM Treatment Repair to  $\frac{1}{2}$  the hand and PM Treatment Repair to other  $\frac{1}{2}$ .

Be quiet and LISTEN for their comments...

Apply Balancing Moisturizer to face area that has been cleansed and masque applied.

Apply Lip Treatment

*You are finished with the skin care.*

Ask questions..."How does your skin feel?" LET THEM ANSWER—Remember if you are talking, you are not able to hear what they are saying!

Go over the collections showing the products that are in each collection while they have their hands on the order sheet. Now take their orders 😊  
...Answer their questions...This process has been very successful for me!